

# Splashing into Poetry:

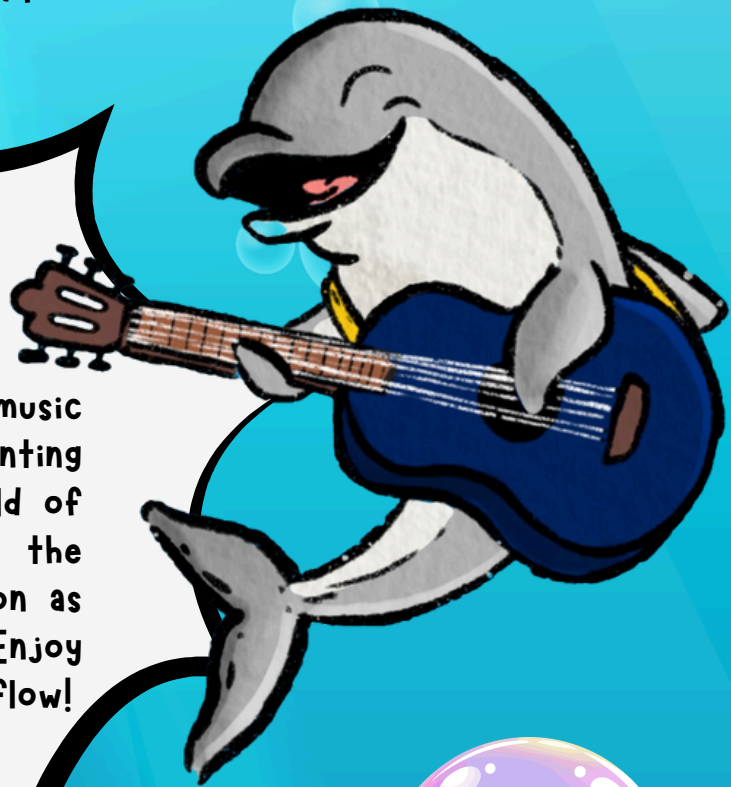
## Unleash Your Inner Poet with Dolphin Spirit

Ignite your child's creativity and let their emotions soar with our delightful poetry booklet crafted for kids ages 7 and up. Drawing inspiration from the playful essence of dolphins, this interactive guide invites young dreamers to embark on an exciting journey into the world of poetry, where words become magic and self-expression knows no bounds!

Artwork from the epic adventure story:  
"Kai Dolphin's Voyage – The Greatest Mission"

### Bonus MUSIC VIDEO "Sky Dolphin"

Join the adventure with "Sky Dolphin" music video by Scott Huckabay! This enchanting melody invites you to dive into a world of creativity. Watch the video and let the soothing sounds inspire your imagination as you write your own poems and stories. Enjoy the magic of the music and let your ideas flow!



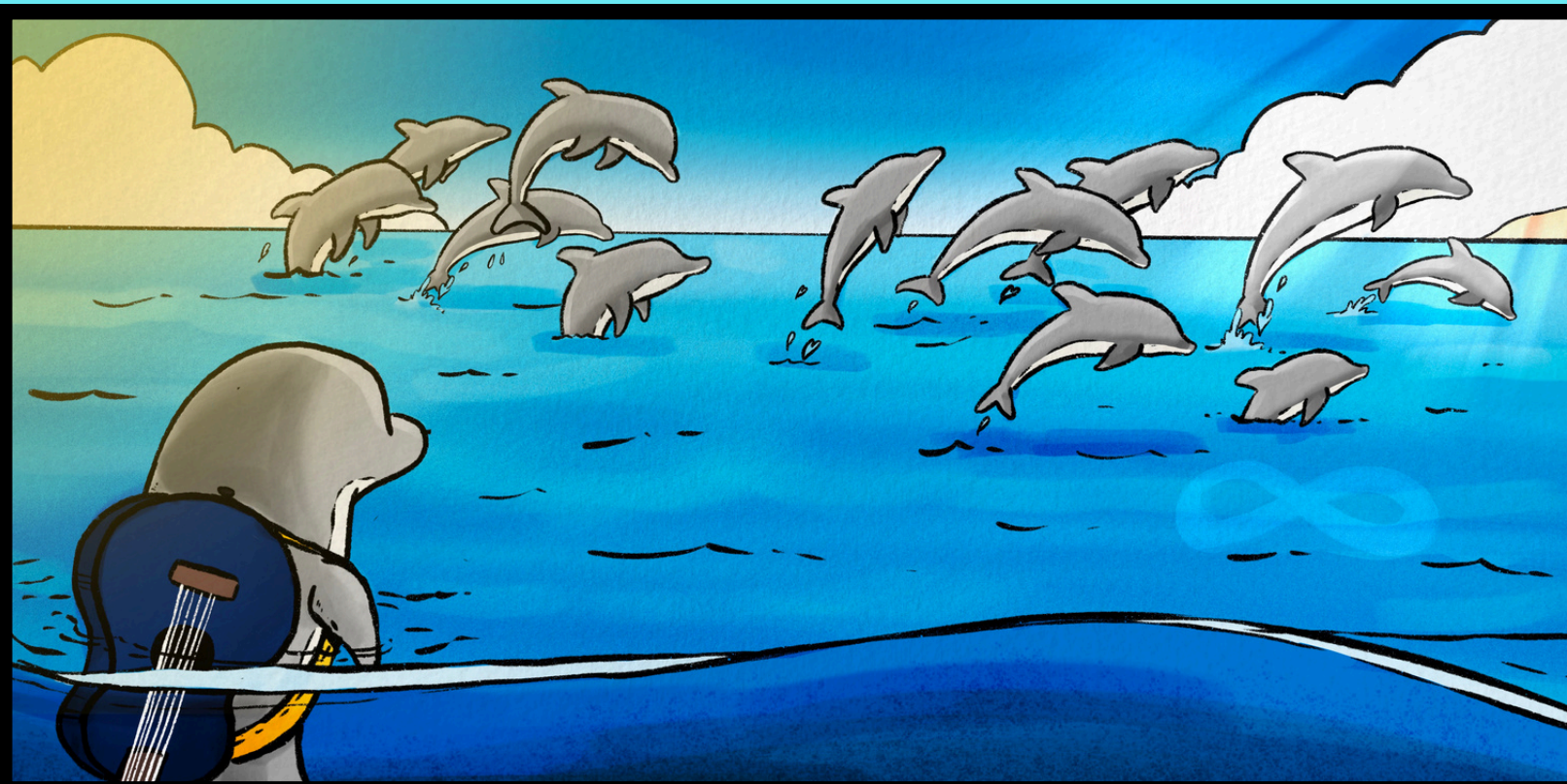
Click here to watch the  
"Sky Dolphin" music video



# Welcome to Your Poetry Adventure!

In this booklet, you'll discover the magic of words through poetry, inspired by the joyful spirit of dolphins! Writing and reading poems can help us express our feelings, understand our thoughts, and even heal our hearts, just like dolphins heal and uplift those around them. Let's dive into a journey filled with imagination and creativity!

- What is Poetry?
- Word Bank
- Poetry Prompts
- Emotions Under the Sea
- Mindful Activities & Games
- Illustrating Your Poems
- Guided Questions
- Fill-in-the-blanks
- Dolphin Haiku
- Imagination Exploration
- Poetry Showcase





# What is Poetry?

Poetry is a special way to share feelings and stories using words. It can rhyme, have rhythm, or simply be about what you see and feel in the world around you.

## Why Write Poems?

**Express Yourself:** Share what's in your heart, just like dolphins sharing clicks and whistles!

**Feel Better:** Writing can help you feel lighter and happier.

**Have Fun:** Let your imagination swim freely!

## Getting Started

### 1. Find Your Special Spot

Choose a place where you feel comfortable and inspired, like a cozy corner or a sunny spot by the water if nearby. Any place that makes you feel peaceful and happy.

### 2. Gather Your Tools You'll need:

- A notebook or some paper
- Colored pencils or crayons (to illustrate your poems)
- A pen or pencil





# Unlocking the Sea

## WORD BANK of ocean-themed words



Review these 100 words to assist with creating poetry.  
Create a poem using at least 10 of these words.

### Dolphin-Related (20)

1. Dolphin
2. Flipper
3. Swim
4. Pod
5. Splash
6. Jump
7. Playful
8. Happy
9. Curious
10. Wave
11. Dance
12. Song
13. Friends
14. Bright
15. Explore
16. Dive
17. Surf
18. Swimfast
19. Oceanplay
20. Friendly

### Nature & Descriptive (20)

1. Sunny
2. Soft
3. Colorful
4. Splashy
5. Tiny
6. Big
7. Deep
8. Fresh
9. Round
10. Bright
11. Lively
12. Whispering
13. Green
14. Vibrant
15. Gentle
16. Smooth
17. Wild
18. Sparkling
19. Cool
20. Warm

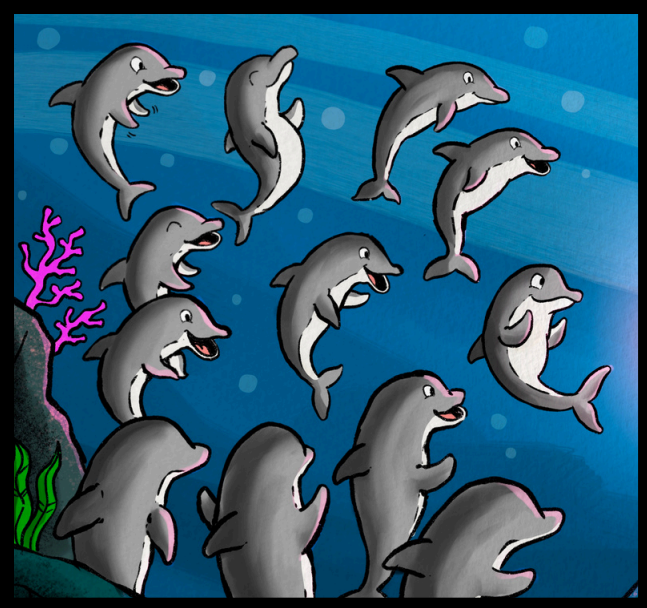
### General Ocean Words (30)

1. Ocean
2. Sea
3. Coral
4. Beach
5. Tide
6. Sand
7. Shell
8. Seaweed
9. Wave
10. Fish
11. Reef
12. Mermaid
13. Boat
14. Sharks
15. Crabs
16. Starfish
17. Jellyfish
18. Clownfish
19. Seahorse
20. Shellfish
21. Driftwood
22. Waterfall
23. Sunset
24. Island
25. Kelp
26. Lagoon
27. Bubble
28. Tidepool
29. Seafoam
30. Sandcastle

### Emotions & Fun (30)

1. Joy
2. Excited
3. Calm
4. Happy
5. Silly
6. Brave
7. Playful
8. Cheerful
9. Friendly
10. Adventurous
11. Sparkly
12. Bright
13. Awesome
14. Bubbly
15. Funky
16. Chill
17. Surprising
18. Fun
19. Dreamy
20. Curious
21. Loving
22. Grateful
23. Energetic
24. Cool
25. Peaceful
26. Special
27. Fantastic
28. Mysterious
29. Warm
30. Amazing

Add more words here!



# Poetry Prompts

Here are some fun prompts to spark your creativity and help you write your own healing poems inspired by dolphin energy:

## 1. Dolphin Dreams

**Prompt:** Write a poem about swimming with dolphins. What do they feel like? What adventures do you have together?

**Illustration Idea:** Draw the dolphins jumping and playing in the ocean waves.

## 2. Feeling Tides

**Prompt:** Describe the ocean waves as they move in and out, like emotions. How do those feelings change?

**Illustration Idea:** Create a colorful ocean scene that represents your feelings.

## 3. Underwater Wonders

**Prompt:** Write about all the amazing sea creatures you might meet while swimming in the ocean. What stories do they tell?

**Illustration Idea:** Draw all the wonderful sea life, like fish, sea turtles, and of course, dolphins!

## 4. Wishes on the Wave

**Prompt:** Imagine you can send your wishes out to the ocean. What would you wish for? Write a poem about your wishes and who they are for.

**Illustration Idea:** Create a whimsical picture of waves carrying your wishes to the horizon.

## 5. Songs of the Sea

**Prompt:** Write a poem about the songs dolphins sing. What do those sounds mean? How do they make you feel?

**Illustration Idea:** Draw sound waves connecting dolphins and the ocean.

# Emotions Under the Sea

## Objective

Explore and express different emotions related to dolphins by writing a short poem.



### Instructions

Begin by discussing various emotions that dolphins can express. Dolphins are often seen as playful and joyful creatures, but they can also feel other emotions like curiosity and excitement.

### Choose an Emotion:

Pick one emotion from the provided list or to think of their own emotion related to dolphins.

Some examples include:

**Joy:** When dolphins jump and play in the water.

**Curiosity:** When they explore new surroundings.

**Playfulness:** When they interact with each other.

### Conclusion

This activity allows children to tap into their creativity while fostering a deeper understanding of emotions, both for themselves and through the lens of playful dolphins.

- **Brainstorm Ideas:**
  - Think about what images, actions, or moments come to mind when thinking of the chosen emotion.
  - Guiding questions:
    - What would a dolphin look like when it feels this emotion?
    - Can you picture them doing something fun or interesting?
- **Drafting the Poem:**
  - Write a short poem (4–6 lines) that conveys the chosen emotion.
  - Use descriptive words and imagery. Remember to use the **WORD BANK!**
  - Example framework:
    - Line 1: State the emotion ("Joy fills the ocean.")
    - Line 2: Describe what the dolphin might do ("Dancing in the waves.")
    - Line 3: Include sensory details ("Shimmering under the sun.")
    - Line 4: Conclude with a reflection or feeling ("Happiness all around.")
- **Illustrate the Poem (Optional):**
  - After writing, illustrate the poem with drawings of dolphins or the ocean to bring their emotions to life.

# Mindful Activities:



**Nature Walk:** Go outside, feel the breeze, and listen to the sounds of nature. Let the experience inspire your next poem.

**Listening Exercise:** Find a quiet spot and listen to the sounds around you—birds, water, laughter—and write a poem about what you hear.

## Games

- **Poetry Scavenger Hunt:**

Create a list of things to find by the water (like shells, feathers, or interesting stones) and write a line of poetry for each item you discover.

- **Word Wave Challenge:**

Look at the **WORD BANK** and add to it! Think of ocean-related words (like "ocean," "wave," "sea"). Write down all the words or feelings they make you think of. Use these new words in a new poem!

- **Emotion Charades:**

Act out different emotions like joy, surprise, or calmness and have your friends guess which feeling you are showing. Then, write poems based on those emotions!

## Connecting with Feelings! "Feelings Jar"

Create a "Feelings Jar" where you can write down how you feel on small pieces of paper. Share these feelings in your poems or add them to your poetry journal.



# Illustrating Your Poems



## Add Visual Elements:

**It is fun to write poems and also to illustrate them! Express feelings visually!  
Enhance emotional understanding and creativity!**



**Create Ocean Collages: Use magazine cutouts to build a collage representing your poems about the sea and dolphins.**

**Or use the characters from Kai Dolphin's Voyage – The Greatest Mission from this page!**



**How does writing about the ocean make you feel?  
Can you describe those feelings in your poem?**

**What's your favorite thing about dolphins, and  
how does it inspire you to write?**

**If you could be a dolphin for a day, what adventures would you  
want to go on in the ocean?**

**How do you imagine the sound of dolphins playing in the waves?  
Can you try to capture that sound in your poem?**

**What colors come to mind when you think of the ocean and dolphins?  
How can you use those colors in your poetry?**



**How do the waves in the ocean move, and  
what words can you use to make your reader feel that motion?**

**What do you think dolphins talk about when they swim together?  
How can you include that idea in your poem?**

**Have you ever seen dolphins or ocean animals in real life?  
What do you remember most, and how does it shape your poem?**

**What other sea creatures live alongside dolphins?  
How can you weave them into your poetry to tell a bigger story?**

**If you could describe the ocean as a friend, what would you say  
about it in your poem? How does its personality shine through?**



# Fill-in-the-Blanks:

Complete poems based on prompts.

Use the extra space to illustrate.

## Example:

A dolphin leaps through the sparkling sea,

Can you hear the ocean's song calling me?

## Example Filled In:

A dolphin leaps through the sparkling sea,

With a twist and a turn, so wild and free.

Can you hear the ocean's song calling me?

It whispers of adventures waiting beneath the spree.

In the ocean so deep, where the dolphins play,

\_\_\_\_\_

They leap through the waves, brightening the day.

\_\_\_\_\_

A dolphin swims fast, its smile oh so wide,

\_\_\_\_\_

Gliding on currents, dancing like the tide,

\_\_\_\_\_

Beneath the blue waves, a treasure awaits,

\_\_\_\_\_

A kingdom of colors by the ocean's gates,

\_\_\_\_\_

The dolphins sing songs, a sweet, gentle tune,

\_\_\_\_\_

Under the moonlight, by a glowing lagoon.

\_\_\_\_\_

With a splash and a twirl, they race with a glee,

\_\_\_\_\_

Who will win the race, you or me?

\_\_\_\_\_

# Fill-in-the-Blanks:

Complete poems based on prompts.

Use the extra space to illustrate.

## Example:

A gentle turtle glides through coral reefs,

What secrets lie beneath the waves, in deep beliefs?

## Example Filled In:

A gentle turtle glides through coral reefs,  
As colors swirl around like magic leaves.

What secrets lie beneath the waves, in deep beliefs?  
A world of wonder where imagination weaves.

Surfing the waves, a playful dolphin gleams,

\_\_\_\_\_

Under the sunshine, chasing our dreams,

\_\_\_\_\_

In the coral gardens, so vivid and bright,

\_\_\_\_\_

Dolphins explore, sparkling with delight.

\_\_\_\_\_

The ocean sparkles like a million stars,

\_\_\_\_\_

Dolphins play tag, swimming near and far,

\_\_\_\_\_

A little dolphin whispers secrets to the sea,

\_\_\_\_\_

What mysteries hide, just waiting for me?

\_\_\_\_\_

A sea turtle hatches, ready to roam,

\_\_\_\_\_

Finding its way in the wide ocean home,

\_\_\_\_\_

# Fill-in-the-Blanks:

Complete poems based on prompts.

Use the extra space to illustrate.

## Example:

Brightly colored jellyfish drift with grace,

In this underwater wonderland, we all find our place.

## Example Filled In:

Brightly colored jellyfish drift with grace,

Glowing like lanterns in a magical space.

In this underwater wonderland, we all find our place.

Moving together in a peaceful embrace.

Underwater forests, with seaweed so green,

\_\_\_\_\_

Dolphins glide softly, like nothing I've seen.

\_\_\_\_\_

As the sun sets low over the rolling sea,

\_\_\_\_\_

Dolphins jump high, creating a melody.

\_\_\_\_\_

In the ocean's embrace, they twirl and glide,

\_\_\_\_\_

What adventures await on this wild sea ride?

\_\_\_\_\_

When the tide goes out, what stories unfold?

\_\_\_\_\_

Dolphins gather shells, treasures to behold.

\_\_\_\_\_

Beneath the waves, where the sea creatures roam,

\_\_\_\_\_

Together we'll journey, our hearts finding home,

\_\_\_\_\_

# Fill-in-the-Blanks:

Complete poems based on prompts.

Use the extra space to illustrate.

## Example:

A pair of dolphins surf the ocean's crest,

Watching them play makes my heart feel blessed.

## Example Filled In:

pair of dolphins surf the ocean's crest,  
With flips and with spins, in a cheerful quest.  
Watching them play makes my heart feel blessed.  
Under the sun, where dreams never rest.

The starfish rests on a sandy bed,

While the ocean whispers tales that are often unsaid.

A shark swims silently, sleek and bold,

What stories of bravery and adventure unfold?

Beneath the waves, a hidden world awaits,

Where seahorses twirl and their magic creates,

An octopus dances with its flowing arms,

In the colorful sea, it spreads its charms.

The kelp forest sways in the gentle tide,

Where creatures of wonder play and hide,



# Dolphin Haiku

## Understanding Haiku

Haiku is a traditional form of Japanese poetry that captures moments in nature, emotions, or experiences through concise language. It typically consists of three lines with a specific syllable pattern:

5 syllables in the first line, 7 in the second, and 5 in the third.

## History of Haiku

- **Origins:** Haiku has its roots in the 16th century as part of a longer collaborative poem called renga.
- **Development:** Over time, it evolved into its own distinct form, popularized by poets like Matsuo Bashō in the 17th century.
- **Modern Haiku:** Today, haiku is appreciated worldwide, often focusing on nature and the interplay of emotions and observations.

## Purpose of Haiku

The purpose of a haiku is to:

- **Capture Moments:** It allows poets to express a fleeting moment or an emotion.
- **Express Emotions:** Haikus encourage reflection on feelings and experiences.
- **Connect with Nature:** Through nature imagery, haikus foster a deeper connection with the environment.

## Creating Your Own Dolphin Haiku

Here's how to create a dolphin-themed haiku:

1. **Think of a Theme:** Focus on dolphins, their habitats, or emotions they evoke. For example, think about a dolphin jumping joyfully, swimming gracefully, or playing with friends.
2. **Brainstorm Words:** Write down words and phrases related to dolphins and the ocean:
  - Joyful, Splashing, Blue, Waves, Swim
3. **Structure Your Haiku:**
  - Line 1: 5 syllables
  - Line 2: 7 syllables
  - Line 3: 5 syllables
4. **Write Your Haiku:** Arrange your words into the 5-7-5 syllable structure. For example:
  - Dolphins leap and play. (5 syllables)
  - Silver waves splash in the sun. (7 syllables)
  - Joyful hearts collide. (5 syllables)
5. **Refine and Share:** Read your haiku aloud, refine it if needed, and share it with friends or family!

# Imagination Exploration

## Create Your Own Dolphin

Invent a dolphin character with unique traits and write a poem that tells their story.



## Dolphin Dialogues

Write a playful dialogue between two dolphins, including elements of poetry (such as rhythm or rhyme).

## Splashing Imagery

Close your eyes and visualize dolphins. Then write a poem using vivid imagery to describe the vision.

## Underwater Adventure

Create a narrative poem that tells the story of a dolphin's adventure in the ocean, incorporating their emotions.

## Dolphin Friendship

**Objective:** Explore the theme of friendship through the lens of dolphins' social behavior.

### Instructions:

- Learn how dolphins live in pods and communicate with one another, showcasing their friendly nature.
- Think about what friendship means to them and how dolphins show friendship.
- Write a poem that describes a day spent with dolphin friends, including activities they might do together, emotions they might feel, and how they support each other.
- Create illustrations that reflect the theme of friendship in the poem.

# Poetry Book Showcase



**Compile Your Poems:**

**Make a mini poetry book with your favorite pieces**

**Organize a Reading Event: Invite friends and family to listen as you read your favorite poems.**

## **Fun Awards: Prepare fun awards for each participant!**

- |                       |   |
|-----------------------|---|
| 1. Creative Wordsmith | For the most imaginative use of language in poetry.         |
| 2. Rhythm Master      | For outstanding rhythm and flow in a poem.                  |
| 3. Emotion Explorer   | For conveying the most powerful emotions.                   |
| 4. Nature's Muse      | For the best poem about nature and the environment.         |
| 5. Funny Poet         | For the funniest or most humorous poem.                     |
| 6. Young Storyteller  | For the best narrative poem that tells a story.             |
| 7. Dreamer Award      | For the most imaginative or dream-like poem.                |
| 8. Social Butterfly   | For a poem focusing on friendships or relationships.        |
| 9. Artistic Vision    | For outstanding visuals in poetry (imagery).                |
| 10. Brave New Voice   | For sharing a poem that tackles a brave or important topic. |
| 11. Family Ties       | For the best poem dedicated to family.                      |
| 12. Rising Star       | For a newcomer showing great potential in poetry.           |
| 13. Super Scribe      | For the best overall poem of the showcase.                  |

## **Additional Ideas for Presenting the Awards**

- **Certificates:** Create colorful certificates that are personalized with the child's name and the award they received.
- **Poetry Books:** Give small poetry anthologies as awards.
- **Medals or Badges:** Simple badges can be designed, each associated with a different category.
- **Framed Poems:** Frame their winning poem as a keepsake.
- **Celebratory Ribbon:** Present a colorful ribbon for accomplishment.

**Play the "Sky Dolphin" music video while you read your poem!**



**Click here to watch the "Sky Dolphin" music video**





# You're a Poet!

**Congratulations on your poetry adventure!**

**Remember, writing is a wonderful way to express yourself!  
Keep exploring your imagination and let your dolphin spirit soar!**

## **Final Words of Encouragement**

**Just like dolphins, your voice is special—use it to create,  
to heal, and to inspire yourself and others.**

**Poetry is a journey, so enjoy every splash along the way!**

**Visit [KaiDolphin.fun](https://KaiDolphin.fun)  
for more FUN activities!**



**Kai Dolphin  
Studios**

